

SKILLS FOR Wellness

ENHANCEMENT OF VET OFFERS
IN THE WELLNESS SECTOR

Skills for wellness

... aims to enhance the professional development and career prospects of (future) wellness employees by improving their profession-related competences and fostering related skills (communication, ICT, environmentally friendly behavior and others).

All the project results are there!

To help wellness professionals improve their competences, the team of *Skills for Wellness* has developed the following materials:

- **occupational standards** outlining the knowledge and skills wellness specialists should possess in a specific area. These can be used as a benchmark for assessing own competences.

- **training materials** (practical exercises, case studies, simulations) to deepen knowledge on a specific topic or hone skills in a certain field of activity. These materials can be used in the classroom, working environment or independently by the specialist/learner.

- **assessment tools** that aim to evaluate the current level of competence of wellness employees through tests, simulations activities, case studies, etc.

All the materials are built around four key topics: Facial, Neck and Décolleté Treatments; Body Treatments; Hand and Foot Care and Beauty treatments; Physical, Leisure, Relaxation Activities and Nutrition.



Facial, Neck and Décolleté Treatments



Body Treatments



Hand & Foot Care and Beauty treatments



Physical, Leisure, Relaxation Activities and Nutrition

Skills for Wellness multiplier events



Skills for Wellness aims to enhance the competences of wellness professionals all over Europe. That is why the partners in Germany, Finland, Italy, Spain and Cyprus conducted multiplier events with VET schools, adult education providers, wellness institutions and other stakeholders. During the events, the partners presented the materials developed within the project (occupational standards, training materials, assessment tools) and discussed with the participants how these can be incorporated into learning process or use in working environment.

All the project materials are available on the website: <https://skillsforwellness.edublogs.org>.

If you have any other questions, please contact us via projects@vhs-cham.de.